

Women & Money



Creating Your Conscious Spending, Saving & Creating Money Values

Brainstorm Your Core Life Values

Prioritize Your Core Life Values

1.
2.
3.

My _____ :

1.
2.
3.

Mindset: _____

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Your Conscious Spending Values

By honoring my #1 money value _____ what *spending actions* will I prioritize?

By honoring my #2 money value _____ what *spending actions* will I prioritize?

By honoring my #3 money value _____ what *spending actions* will I prioritize?

Your Conscious Savings Values

By honoring my #1 money value _____ what *savings actions* will I prioritize?

By honoring my #2 money value _____ what *savings actions* will I prioritize?

By honoring my #3 money value _____ what *savings actions* will I prioritize?

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Your Conscious Creating Money Values

By honoring my #1 money value _____ what *creating money actions* will I prioritize?

By honoring my #2 money value _____ what *creating money actions* will I prioritize?

By honoring my #3 money value _____ what *creating money actions* will I prioritize?