

# Women & Money



## Create Your New Family Money Legacy

- I save money every month
- I release my fear of not having money daily
- I track my income to the penny every month
- I track my expenses to the penny every month
- I always have a bold money goal
- I always have an emergency fund
- I always have a big money "why"
- I pay my bills on time every month and with joy
- I give myself permission to make more this year than the year before
- I indulge in myself regularly
- I increase the amount of money I save every year
- I give generously to people and causes I care about
- I ask for what I'm worth regularly
- I empower others by empowering myself with money
- I pay myself first, no matter what the amount
- I give myself permission to make more money
- I am a role model with money for others
- I value my worth in all financial situations
- I spend less than I make every month
- I make more than I spend every month
- I embrace the values and money habits of a wealthy person
- I am a leader in my life with money
- I stand in my power with money
- I regularly raise my income standards
- I regularly raise my savings standards
- I value making and keeping money
- I charge well for my services as a way of valuing myself and my gifts
- I empower others rather than rescue them
- I maintain my financial integrity by paying bills on time, paying off debt and collecting money owed to me
- I no longer tolerate money drains in my life or business
- I pay attention to money in positive and expansive ways
- I speak positively about money and request the people around me to do the same
- Other:  

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## My New Family Money Legacy

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Now - post the handout where you can see it daily!

These statements, beliefs and the actions you take to live in line with them will support you in creating the new Family Money Legacy you desire!