



## What Are Common Emotions Behind A Money Blind Spot?

If you are experiencing any of these common emotions, you're not alone... you are experiencing a Money Blind Spot!

- Fear
- Denial
- Avoidance
- Confusion
- Anger
- Resistance
- No follow through
- Blame
- Guilt
- Shame
- Excuses
- Sadness
- Overwhelm
- Blankness
- Stinginess
- Over-generosity
- Resentment