



## Women & Money

### Creating Your Money Why

#### Step 1: Choose Your Money Why

Select one area in your life where you want to create significant growth or change, one that is causing you stress, or one you feel would significantly improve your life over the next year.

#### Step 2: Discover The Meaning

*"What do you value about your Money Why? Why is improvement in this area important to you?"*



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### Step 3: Creating Your Vision

*"If you were to grow significantly in the area of your Money Why, what would change?"*

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### Step 4: Making Your Vision Tangible

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### Step 5: Peeking Into The Future

*"If I were following you around for a day, what would I see, hear or experience that would let me know you have achieved what you want?"*

See:

Hear:

Experience:

### Step 6: Discover The Blocks

*"What has been stopping you?"*

*Well done!*