

# Women & Money



## Your Simple System For Consciously Spending, Saving & Creating More Money

### Daily

- Update Your Money Breakthrough Tracking Sheet

### On Your Money Day [Minimum fortnightly]

- Check to Make Sure All Client invoices and payments are up to date
- Review New Bills For Accuracy

TIP: Review each bill for accuracy and follow up to investigate anything you don't understand, and correct mistakes.

- Record All Expenses Into Your Tracking Tool & File Receipts

TIP: Print and file receipts alphabetically by vendor as they come in. This keeps your wallet free of clutter and your receipts in order so your energy is positive and you are in charge of your finances.

- "Bucket" Taxes (15% - 20% tends to work well)

- Payday! Pay Yourself First!

TIP: At first, the action counts more than the amount so always pay yourself something, even if the amount is temporarily lower than what it will be in the future.

- Pay Bills

TIP: If you don't have enough money to pay all bills due, pay what you can and put the rest away for your next Money Day. It's okay to pay a portion of a bill now, and the balance on your next Money Day.

Be patient! Over time, by following this strategy, you will increase your ability to pay all bills in full on each Money Day.

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- Strengthen Your Warrior Line – the amount your balance never goes below  
TIP: aim to have this be enough to cover at least 1 months expenses
- Boost Your “Stuff Happens” Emergency Fund Savings Account  
TIP: aim to have this be at least \$2000 as a starting point, then keep adding to it as you can

## End Of Month, On Your Money Day

- Tally your Money Breakthrough Tracking Sheet & Choose A New Money Breakthrough Tracking Game
- If you have a Power Debt Pay Down Plan in action – or a Power Savings Plan in action – tally your amounts for the past month and colour in your Success Map!

## Insight questions:

- *In how many ways is taking this action empowering you?*
- *What’s one thing you want to do more of next month that will empower you even more?*
- *What are you most grateful for this month?*